

SOUTHWELL MINSTER GRAMMAR SCHOOL.

THE BOARDING HOUSE.

August 1947.

Provision of Tuck.

Experience over the past two years has shown that this concession to the parents wishes has caused many difficulties. Frequently far too much has been sent, as a result there has been much waste and the danger of contamination of food increased, and parents have denied themselves without cause.

Parents are particularly requested if they wish to send tuck to observe the following regulations :

1. Parcels should be limited to once a month.
2. A half-sized square biscuit tin properly labelled should be supplied.
3. The supplies of extras should be limited to -
Jam or similar spread, sweets, eggs, fruit, and birthday cake only.

Meals.

A fully balanced diet is the aim of those responsible; emphasis is placed on fresh rather than tinned foods; all rations are used in full. Emergency cards are supplied for the holidays and points if not in these are to be found in the ration books.

- 8.0 Breakfast. This is a two course meal.
1. Porridge (Scotch oatmeal) or Cereals.
 2. Fried bacon, ham, suasaage meat balls, combined with eggs, tomatoes. Kippers or other fresh fish or tinned fish. Boiled eggs, scrambled eggs, liver, baked beans, spam.
 3. Bread and Butter, (Marmalade once or twice a week.)
- 11.0 Mid-morning. School milk, B.U.L. allows provision of a bun.
- 1.0 Dinner. School Canteen, - except Sundays special hot meal at the House.
- 5.0 Tea.
1. Bread and butter, with Jam, or Paste. (or Fruit-strawberries, raspberries, bananas, apples/pears, in season.)
 2. Cake, or Buns, or Biscuits, or Ryvita with raisins, cress or lettuce.
- 7.30 Supper. Sandwiches of paste, dripping, lettuce, tomato, cucumber or cheese.
or Soup - thick vegetable, made from broth with bread.
- 9.0 Extra supper for Seniors.

THE MINSTER GRAMMAR SCHOOL,
SOUTHWELL,
NOTTS.

Tel: 2293.

January 19th. 1949.

Dear Sir or Madam,

I am writing to you about the provision of tuck. We are very dependent on the parents' full cooperation in this matter. Unfortunately, some parents have sent boys back with far too much, perhaps imagining it was necessary. Not only is this not so, but it has caused boys to be very wasteful, and cake, jam, bread and butter and buns provided by us are not eaten.

I have decided therefore to limit tuck to sweets, a birthday cake and fruit only. Jam is now off the ration and in addition we have a large amount of home-made jam. Eggs are more plentiful and we now have hens. Cakes, biscuits, buns and scones are provided in addition to the cooked dish at tea.

Those in the Senior Common Room are being given the opportunity to make their own supper, and for this purpose they will be allowed to add some food of their own.

We have a food council from the boys to discuss with us all matters connected with meals, likes and dislikes, and quantities and so on.

I am sure you will appreciate that this decision on our part with regard to tuck is a wise one. I am most anxious that all parents should cooperate in carrying out this request. Not only will it help us, but it will prevent unfairness between boy and boy, the selling of surplus tuck and so on, and it will cut down the enormous wastage of food which has resulted.

Yours sincerely,

B. J. Rushby Smith.